

# CONSCIOUS COACHING<sup>®</sup> PROCESS

## Aspirations:



### What Is Most Important to **You** Right Now?

- Connect and Build Trust
- Understand Current Objectives and Culture
- Share Passions

## Awareness:



### How Do Others in the Organization See **You**?

- Influence Stakeholder Perceptions
- Interview Debrief Focusing on Strengths
- Self-Assessment

## Action Plan:



### What Goals Inspire, Ignite **You** to Action?

- Link Personal Goals with Organizational Goals
- Socialize Action Plan and Build Consensus
- Generate Quick Measurable Wins

## Assess Results:



### How Has **Your** Vision Become Reality?

- Debrief Focuses Stakeholders on Your Results
- See and Be Seen Through New Eyes
- Virtuous Cycle to Go-Forward Action Plan

## Results:

- Increased Self-Awareness
- Sustainable Work-Life Ethic
- Improved Confidence and Communication
- Strengthened Coaching Culture
- Increased Organizational Trust
- Measurable Business Results
- Focus on Growth
- Improved Consensus Building
- Refined Gravitas
- Greater C-Level Relevance
- Willingness and Ability to Take Appropriate Risks
- Improved Engagement
- Facile Methods for Complexity and Change
- Tools and Tactics to Decrease Stress
- Expansive Thinking, Increased Innovation
- Improved Retention
- Increased Bench Strength for Succession Planning

